

OCTOBER 2019

EGMS, WGMS, GREENBRIER EAST & GREENBRIER WEST MENU

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>BREAKFAST Adults \$3.00 Extra Milk \$0.35</p> <p>Yogurt/Cereal Variety Offered Each Day For Breakfast</p>	<p>1 Apple Strudel Bar Fresh Fruit, Juice/Milk</p> <hr/> <p>Fish Sandwich on WG Bun Tartar Sauce Cole Slaw Broccoli, Cheese & Rice Casserole Apple Milk</p>	<p>2 WG Biscuit w/Apple Butter/Jelly Cheese Stick, Fresh Fruit, Juice/Milk</p> <hr/> <p>Chicken Quesadilla Salsa, Sour Cream Romaine Tossed Salad Black Bean Salad Fresh Fruit Milk</p>	<p>3 Belvita Crackers Fresh Fruit, Juice/Milk</p> <hr/> <p>Sloppy Joe on WG Bun Honey Carrot Coins Baked Tator Tots Fresh Fruit Cup Milk</p>	<p>4 WG Breakfast Pizza Yogurt Cup, Fresh Fruit, Juice/Milk</p> <hr/> <p>Salisbury Steak Mashed Potatoes Garlic Green Beans WG Hot Roll Fresh Fruit Milk</p>
<p>7 Banana Bread, Sunflower Seeds Fresh Fruit, Juice/Milk</p> <hr/> <p>Pork Rib Patty on WG Bun Cole Slaw Baked Potato w/Butter & Sour Cream Great Northern Beans Fruit Milk</p>	<p>8 Mini Chicken Biscuit Fresh Fruit, Juice/Milk</p> <hr/> <p>Meatball Sub Sandwich on WG Bun Baked Veggie Beans Baked Doritos Fruit Milk</p>	<p>9 Chocolate Banana Breakfast Bar Fruit, Juice/Milk</p> <hr/> <p>Meat Loaf Scalloped Potatoes California Blend Veggies Bread Stick Applesauce Milk</p>	<p>10 Homemade Cinnamon Roll Fruit, Juice/Milk</p> <hr/> <p>Turkey & Cheese Sub on WG Bun Lettuce, Tomato Sweet Potato Tots Carrot Sticks w/Ranch Dressing Tropical Fruit Milk</p>	<p>11 WG Super Donut Fruit Cup, Juice/Milk</p> <hr/> <p>Italian Pasta Bake Garden Spinach Salad Garlic Bread Applesauce Milk</p>
<p>14 WG Bagel w/Cream Cheese Fruit, Juice/Milk</p> <hr/> <p>Cheese Omelet Biscuit w/Sausage Gravy Hash Brown Rounds Cherry Tomatoes Fresh Citrus Fruit Cup Milk</p>	<p>15 Fruit & Yogurt Parfait w/Homemade Granola, Apple, Juice/Milk</p> <hr/> <p>Chicken Salad on WG Croissant Lettuce, Tomato Baked Fries Peas Yogurt Cup, Milk</p>	<p>16 Breakfast Pizza Fruit, Juice/Milk</p> <hr/> <p>Taco Soup w/Cheese Lowfat Sour Cream Bag of Baked Scoops Raw Veggie Cup w/Ranch Dressing Fresh Fruit Milk</p>	<p>17 Mini Pancakes Fresh Fruit, Juice/Milk</p> <hr/> <p>Cheeseburger on WG Bun Lettuce, Tomato, Onion Potato Wedges Pepper Strips & Ranch Dressing Fruit Milk</p>	<p>18 WG Super Donut Fresh Fruit, Juice/Milk</p> <hr/> <p>Popcorn Chicken Bowl Mashed Potatoes w/Gravy Corn Spinach Salad w/Grape Tomatoes WG Hot Roll Fresh Fruit Milk</p>
<p>21 WG Sausage Biscuit Fruit, Juice/Milk</p> <hr/> <p>Pepperoni Pizza Wedge Steamed Corn Tossed Romaine Salad Melon Chunks Milk</p>	<p>22 Pumpkin Bread Cheese Stick, Fruit, Juice/Milk</p> <hr/> <p>Oven Baked Chicken Mashed Potatoes w/Gravy Green Beans WG Hot Roll Snicker Doodle Cookie Fresh Fruit, Milk</p>	<p>23 Oatmeal w/Fruit Cinnamon Toast, Juice/Milk</p> <hr/> <p>Walking Taco Pinto Beans Cherry Tomatoes Fresh Fruit Milk</p>	<p>24</p> <p>Professional Learning Day Faculty Senates Meet No Students</p>	<p>25 Chocolate Chip Breakfast Bar Fruit, Juice/Milk</p> <hr/> <p>Spaghetti & Meat Sauce Garlic Bread Green Beans Sliced Cucumbers Pineapple Sugar Cookie/Milk</p>
<p>28 WG Sausage Biscuit Apple, Juice/Milk</p> <hr/> <p>Philly Steak Sub on WG Bun Peppers & Onions Baked Sweet Potatoes w/Apples Raw Veggie Cup & Ranch Dressing Sliced Peaches Milk</p>	<p>29 Strudel Bar Fresh Fruit, Juice/Milk</p> <hr/> <p>Chili w/Beans Grilled Cheese Carrot & Celery Sticks Fruit Cup Milk</p>	<p>30 Mini Waffles Fruit, Juice/Milk</p> <hr/> <p>WG Breaded Chicken Sandwich Lettuce, Tomato Ranch Potato Wedges Cucumbers Grapes Milk</p>	<p>31 WG Apple Filled Breadstick Fruit, Juice/Milk</p> <hr/> <p>Pepperoni Roll w/Pizza Dipping Sauce Caesar Salad Steamed Parmesan Broccoli Frozen Juice Cup Milk</p>	<p>LUNCH Adults \$4.00</p> <p><u>MENU SUBJECT TO</u> <u>CHANGE DUE TO</u> <u>PRODUCT</u> <u>AVAILABILITY!!!</u></p>

OCTOBER IS FARM TO SCHOOL MONTH

14-18 NATIONAL SCHOOL LUNCH WEEK

OCTOBER 22-FARM TO SCHOOL MEAL W/RAINBOW FARM CHICKEN